



COVID-19 Update:

Important message from Langley Meals on Wheels -March 23, 2020

Here at Langley Meals on Wheels we are working diligently with meal delivery protocols to reduce the risk of spread of COVID-19. We want to ensure the best continuity of our service, while keeping the community healthy.

- We review daily *Situation Reports* from the Ministry of Health. We follow recommendations very closely to ensure the safety and wellbeing of all our clients, volunteers, and staff
- We are working together with other local community Support Service agencies to ensure the least disruption of our essential services

Langley Meals on Wheels is continuing to deliver meals to clients Monday to Friday. Our usual volunteer/client contact is vital, we are making arrangements to continue check-ins by phone. In an outbreak situation our service becomes even more important and we are seeing an increase in need.

Langley Meals on Wheels provides a vital service to a vulnerable population, and in this time of uncertainty we know the community will come together to support one another.

We ask the general public for their support, **in particular we are in need of:**

- **Volunteers to deliver meals** If you are healthy, have some time and will follow our health and safety protocols, please call **604 533 1679** or email info@lmow.ca
- **Hand sanitizer** for our volunteers in the community delivering food to vulnerable people. If you stocked up and are now staying put with access to soap and water for hand washing, please consider donating any extra bottles to Meals on Wheels.
- **Donations** Langley Meals on Wheels is a non-profit organization that relies heavily on donations in order to provide affordable meals to those at risk. Donations are especially important during uncertain times.

Safety Precautions

- Delivering each meal placed in separate plastic bag
- Practicing social distancing / refrain from entering client's home (if clients able to accept meal at the door)
- Minimizing contact with surfaces during delivery, placing them on clean surfaces
- Using hand sanitizer between each delivery
- Avoid touching face
- Cough or sneeze into arm

Langley Meals on Wheels internal office measures

- We are restricting access into the office as much as possible
- Workspaces, surfaces, delivery bags etc. are also being sanitized daily, staff working with disposable gloves
- LMOWs board members are calling clients to identifying those who are our most vulnerable



We recommend clients also have a supply of non-perishable food on hand and possibly order additional frozen meals along with regular delivery. Our frozen meals are prepared fresh and can be heated in microwave or oven.

As circumstances change, we will continue to adapt our plans and protocols to continue meal service and address the safety of our clients, volunteers, and staff.

As always, please get in touch if you have any questions, phone 604-533-1679.

**Meals on Wheels thanks you for your support!
Our ability to serve those most in need is dependent on it.**

Shannon Woykin, Executive Director

Langley Meals on Wheels Board of Directors

www.lmow.ca

Regular Covid-19 from the Minister of Health are available online at