

2018 - 2019 Annual Report

Langley Meals on Wheels



Together We Deliver



Mission - To create sustainable community programs in Langley where nobody is hungry or isolated

Vision - Supporting a healthier community by providing affordable nutritious food, social connection and links to community services through our compassionate trusted volunteers and community partners

September 7, 2019

Message from the Chair



A Society is only as good as the people who participate with and support the organization. **Thank you to all the volunteers** of our Society; the Drivers, Food & Friends and the Boutique group. Without all of you we would not be successful. With our delivery volunteers, Meals on Wheels is increasingly the eyes and ears checking in on those that receive our services. Through providing training for our volunteers we have been able to educate them on meeting the needs of the vulnerable in our community.

Thank you to our Board of Directors for your dedication and work in steering Langley Meals on Wheels in the right direction. With the work we are doing, Meals on Wheels is becoming a more influential player in the Langley community. To the staff, we appreciate all you do to ensure those who need a meal will get one. You do such an amazing job with very little fanfare.

Langley Meals on Wheels is moving in the right direction financially. The number of recipients getting meals is increasing, not only in the senior sector, but for those in general that need meals. We continue to strive to be a major player in the community's non-profit world.

One of the ways for non-profits to survive is to look for partnerships. We strive to make our community better by working with other services that compliment or enhance each other. An exciting collaboration we are exploring with like partners is a Neighbourhood House for the Langley and Aldergrove area. This would involve partnering with groups aligned with our aim of food security. We are very much at the beginning stages of this exciting venture. As we move forward in this coming year, we look to a future where we help make Langley a better place to be.

Paul Crump – Board Chair



Best of the Best Awards

Meals on Wheels won both non-profit and volunteer categories, scooping up two plaques in its first year winning



2018-2019 Board Of Directors

Board Chair	Paul Crump
Vice Chair	Sean Barber
Treasurer	Mike Donovan
Secretary	Barb Chapieski
Members at Large	Rhonda Coleman Kathleen Postnikoff

Message from the Executive Director



At **Langley Meals on Wheels** we are about making a positive impact on each and every individual that we serve. **We Believe human connection is as nourishing as the food and services provided.**

2018 – 2019 brought another year of growth for the society, supported by our community of clients, volunteers and partners. Our meal program and Food & Friends social lunches increased, as did the need to provide more subsidized meals. Volunteer drivers travelled far and wide throughout Langley. Our thrift store, Boutique Finds, reached record sales.

Our amazing **Volunteers** brought our service to another level of care. They are caring and compassionate and often the eyes and ears helping some of the most vulnerable people in our community. We thank and celebrate our volunteers, without your involvement we simply could not achieve what we do **every day**. You are the backbone that holds us up and allows us to move forward.

Meals on Wheels continues to strive to do more to address food security and social isolation in our community. March ended a new 1 year pilot program we call **'Home from the Hospital'**. **38** patients were referred and supported with **190 meals**, all delivered with great success. The program will continue this year with the support of a grant from the Langley Memorial Hospital Foundation.

This past year we also partnered with our local inner-city school to help a group of students learn new skills, build self-esteem and feel a community connection. This group of 6 became our first **'Meals on Foot'**. These volunteers delivered meals every Wednesday to homes close to their school on one of our routes during the student lunch hour.

There were many other activities and events over the year that contributed to continued success of Meals on Wheels in Langley. On the horizon we envision a greater space, used as a place in which all our **neighbours** are nourished.

Together, we are positioned to spread our reach and serve even more people in Langley. **Together we Deliver!**

Shannon Woykin – Executive Director



Programs & Services

Meal Delivery 2018 – 2019



Total meals served **24,586**



Over **3500.** more than previous year
(**16%** increase)



Overall Mow average client numbers
increased by **41** since prior year



Subsidized meal clients increased, subsidy
costs rose by **\$4,865**



**Meals sold increased 96%
from 2009 to 2019**



PROGRAMS

Meal Delivery
Food & Friends
Volunteer
604.533.1679

BOUTIQUE FINDS 
SHOPPING FOR A CAUSE

Meals Sold



Food & Friends 2018-2019

I personally feel this is the most valuable program I have come across in outreach programs. This is a great group of friends who count on the lunches as their only social activity. F & F provides an excellent channel for educating our seniors, great for building relationships and a good way for keeping an eye on those living alone. L Thomlinson - Chartwell



Food & Friends Meals served **2,966**

Increase over previous year **3%**



F & F Volunteer Hours **1958**

Student Volunteer Hours **38.5**



Boutique Finds 2018 - 2019

LMOW Social Enterprise



Boutique finds sales **\$21,765**

100% Volunteer run



Volunteer group **25 volunteers**

Raised more than **\$7,000** for Meal Subsidy Program

Provided over **1670 meals**



Total Subsidy funding since opening -2015
\$10,689 for over 2500 meals



Volunteers 2018-2019



LMOW Volunteers: 85

Volunteer drivers 33

Deliver meals along routes
to their client list

Food & Friends 25

Each lunch location has a
Food & Friends Coordinator,
providing leadership for the
group

Boutique Finds Store 25

LMOW social enterprise
100% volunteer run ladies
thrift store

Office Volunteers 2

Society Volunteer Hours

- Volunteer Delivery Drivers **4,006 hours**
 - Delivery - Students **72 hours**
- Kitchen Volunteers: **250 hours**
- Food and Friends Volunteers: **1,958 hours**
 - Food & Friends Students **39 hours**
- Boutique Finds Volunteers: **2,755 hours**
- Office Volunteers: **208 hours**
- Board of Director Volunteers: **720 hours**

Total Volunteer Hours : 10,008 Hours

Fun Fact: If we paid minimum wage for last years
volunteer hours it would cost

LMOW \$126,601

- Volunteer Driver Kilometers to deliver meals

43,967 kms



Fun Fact: Total Kilometers driven equal
5 trips driven **across Canada** coast to coast





Meal Subsidy Program



4,187 Meal Subsidy Program meals served



Meal Service provided to **190 clients**



Cost of Subsidy Program Meals **\$13,609.25**

(based on meal price \$6.50)

**Actual cost per meal: \$ 15.90

Home From the Hospital Program



38 Patients supported going home from the hospital



190 Meals delivered in our first year

"I was released from the hospital and was afraid I wasn't well enough to be on my own. As soon as I got home Meals on Wheels was at my door with a hot meal. They came everyday to check in on me and bring me a meal, it was the most amazing service and it was FREE!" First Home for the Hospital client ..M

Statement of Operations 2018-2019



AGM FINANCIAL DASHBOARD
SEPTEMBER 7, 2019



Together we Delivered

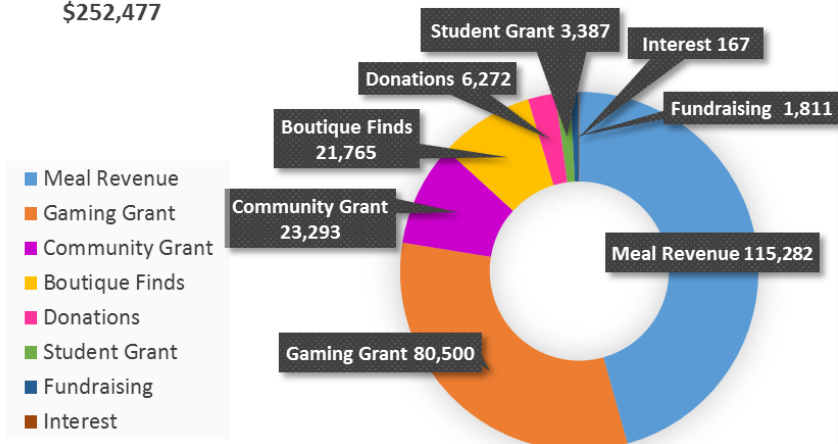


	2018-2019	2017-2018
Meal Program revenue	\$ 115,282	\$ 102,480
Boutique revenue	21,765	16,360
Other Revenue	<u>115,431</u>	<u>128,315</u>
Total Revenue	\$252,477	247,155
Meal Expenses	\$ 98,751	97,880
Boutique Expenses	14,637	14,974
General Expenses	<u>129,566</u>	<u>118,054</u>
Society expenses	<u>242,953</u>	<u>230,908</u>
Net Revenue over Expense	\$ 9,524	\$ 16,247

↑	Total Revenues	2% increase from 2017-2018
↑	Meal Revenue	12% increase
↑	Boutique Revenue	33% increase
↓	Donations	59% decrease

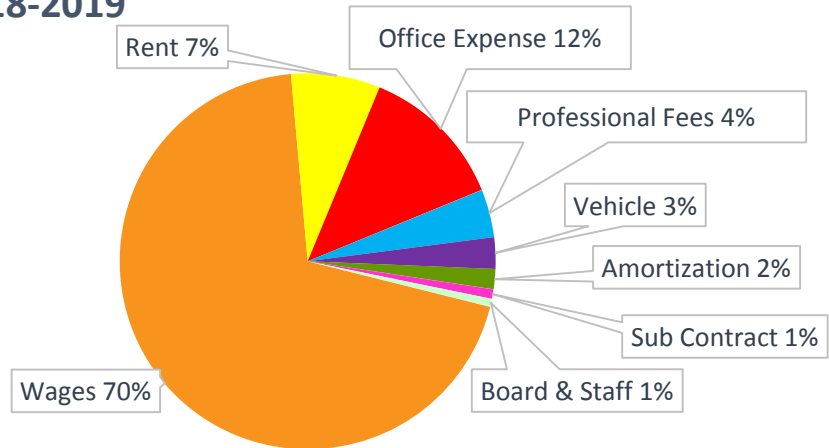
Net Revenue decreased **\$6,723**
Due to higher expenses
and lower donations

LMOW Revenue 2018 - 2019
\$252,477



Expenses 2018-2019

\$126,938



Wages \$88,473	Rent \$9,714	Office Expense \$15,962
Professional Fees \$5,252	Vehicle \$3,419	Amortization \$2,219
Subcontract \$1,035	Board Development \$864	

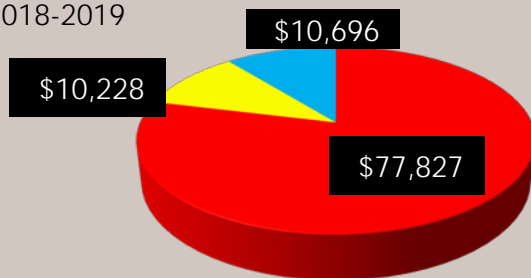


Meal Program Expense up **1%** From prior year

General Operation Expenses increased **5%**

Wages increased **5%** (includes summer student)

Meal Program Expense 2018-2019



- 2018-2019 Cost of Goods \$98,751.
- Meal provider
- Packaging
- Driver Subsidy

Meal Program Expense



	2019	2018
Meal Provider	\$77,827	\$83,693
Driver Subsidy	10,696	4,893
Packaging	<u>10,228</u>	<u>9,294</u>
TOTAL	\$98,751	\$97,880

Without the valuable support of our partners, donors and sponsors we would not be able to continue to serve the Langley community...

Thank you!



Donations

Susan Anderson
Dave Baldwin
Paul Dembicki
Takeko Hattori
May Leeper
Perry Woznesenky

Driver Donations

Sharene Brown
Hans & Trixs Coesel
Maggie Collett
Tim Godard
William Good
Antoinette Guillou
Maryann Howard
Hans Hussmann
Louise Johnston
Graeme Kennedy
Eddie Mahe
Bruce Mavis
Joyce Robinson
Judith Ruhland
Doreen Snopek
Fred Stushinoff
Orin Thomassen
Bryan Trattle
Bill & Marlene Turner
Lorraine Vanderzwan



Partners & Sponsors



2018-2019

Food & Friends

2018-2019

Community Partners

2018-2019

Program Sponsors

Bella & Wren
Brookwood Seniors Centre
Cedarbrook Bakery
City of Langley
Flourishing Restaurant
Fort Langley Community Improvement Society
Fort Langley Pub & Grill
Fox & Hounds Pub
i.d. Salon
IGA
Lee's Market
Niche Boutique
Otter Co-op
Ricky's Grill Walnut Grove
St George's Anglican Church
Sweet Grass Naturals

Better World Software
Bria Communities
Chartwell Langley Gardens
Church in the Valley
Coast Capital Savings
Coffee News
CoWorks by Elevate
First West Foundations
Girl Guides - Fort Langley
Girl Guides - Willoughby
KPU
Langley Advance Times
Langley City Fire
Langley Division of Family Practice
Langley Environmental Protection Society
Langley Seniors Action Table
Langley Seniors Resources Society
London Drugs
Ralph's Market
Seniors Village Retirement Concepts
TOL Firefighters Charity
What's On

BC Gaming Commission



Fraser Health



Gateway of Hope



2018 Grant - Board of Director education.



City of Langley supports the LMOW meal program



Township of Langley supports the LMOW meal program



We sincerely appreciate all support that helps Langley Meals on Wheels continue with our Mission



I am humbled and grateful for your generosity of spirit and your compassion for the seniors in our community through LMOW.
 Shannon Woykin
 – Executive Director

Thank you, thank you, thank you! Please share this with all those folks that have helped make this a reality for us year after year. Rhonda Coleman – Volunteer Coordinator Fort Langley Food & Friends

