

## LMOW OUTREACH SERVICES

LMOW provides healthy food for at risk and low-income community members, continually striving to increase our meal provision across Langley to all in need.

We are also working to increase food literacy with our youth population and focusing on bridging intergenerational gaps as well.

With our free LMOW Outreach Program, we help people access support services by linking to social agencies in the community.

We work collaboratively with community partners including

- 1 Stepping Stone
- 2 Ministry of Community Services
- 3 LCSS
- 4 Food Banks
- 5 LSRS Outreach
- 6 Encompass



## CONTACT US

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## LMOW COMMUNITY CONNECTIONS & OUTREACH

The **Langley Meals on Wheels Outreach Meal program** is barrier free, delivering with dignity for those in need.

Using food as the tool, we also **connect people to services and resources in our community** that enhance their quality of life.

# Community



# LMOW COMMUNITY OUTREACH PROGRAM

LMOW is delivering our **Meal Outreach Program** in Langley, targeting the growing un-met needs of many in our community.

As an organization, we strongly believe in providing services that are **low barrier and we do not turn people away.**

Through our regular meal delivery program, we are often connected with individuals with unique needs and backgrounds. Many are **low income seniors, people with disabilities, those returning home from hospital, people unable to work due to illness or recovery, homeless, youth and people struggling with housing transition.**

**Our Mission** is working towards a **community where nobody is hungry or alone.**

**Community Gaming funding has allowed LMOW to continue to provide this vital service in the Langley community.**



## WELLNESS CHECKS AND CONNECTION TO SERVICES

### The Importance of the LMOW Safety Check!

The difference between the Meals on Wheels program and other delivered meal services is the important **safety check.**

A hot lunchtime meal is delivered each weekday and the client is seen and observed by the volunteer. If there are any concerns about the safety or well-being of the client, this is relayed to our Meals on Wheels office staff.

Immediate attention is given to notification of responsible parties, emergency personnel or other appropriate contacts.

There is no wait list for the home delivered meal service.

## HOW CAN YOU HELP CONNECT MORE WITHIN OUR COMMUNITY?

There have been many occasions where Meals on Wheels' volunteers have been instrumental in saving the lives of our clients through connections and referrals.

### Building trust with a hot meal and a friendly visit

#### Outreach meals for frail seniors

A starting point for us to **alleviate the burden of Family Practice doctor offices trying to connect their senior population to resources and services.**

#### Connect with LMOW

- Easy **1 call or email referral**
- Delivery can start next day
- Free hot meal delivered daily
- Delivery volunteer provides safety / wellness check in
- Watch for additional resource referral needs or connections

